



# BEHAVIOUR TOP TIPS



Share your expectations, set your boundaries and explain why they are important to your family. Discuss how each family has their own expectations and these are 'ours.' Explain them in an age appropriate context such as "we want to keep you safe"

Build a consistent approach to consequences and rewards for your family.

Children sometimes act out to seek attention, before saying anything consider what made them react in this way?

Praise and positive feedback are powerful tools. A comment such as "I see you being kind" go a long way to building confidence and can be more meaningful than a reward of toys or sweets.

Show them the behaviour you want to see. Say when you feel happy and why. Let them know it's Ok to be angry, but you have to work through it and get past it.

Create a family rules board based on positives e.g We will listen to each other. We will treat others how we want to be treated,

