

BEHAVIOUR

All behaviour is a form of communication.

Ready
Respectful
Safe

Recognise the feelings and empathise. e.g "I am sorry you are feeling angry"

Label and validate the feelings, e.g "I see that you are angry, I can understand that..."

Repeat until the child is calm. Over time children will be able to identify their feelings, reflect and know

Problem solving, explore, be curious and creative to find a solution . e.g "How can we make it better for next time?"