

# AUTUMN 2024 MENU

For more information about food items, menus, or recipes; please speak to your on-site catering team, or contact our Technical Support Team:

E: [NYES.Catering@northyorks.gov.uk](mailto:NYES.Catering@northyorks.gov.uk) T: (01609) 535324  
W: [www.northyorks.gov.uk/schoolmeals](http://www.northyorks.gov.uk/schoolmeals)

**VG Fresh fruit & yoghurt** available with every meal!

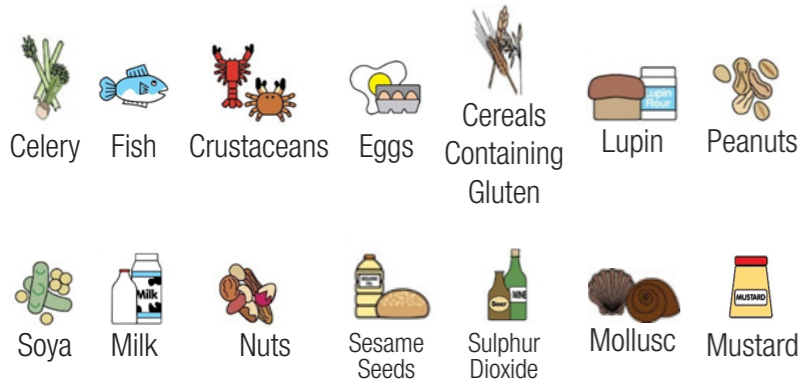


If your child has an allergy or special dietary requirements, please inform your school and our catering team, so we can discuss their needs.

We have highlighted the 14 allergens on our menus to help you make informed decisions. Some of our recipes include 'may contain' information, but this is not included on our menus. This information is however available on our daily allergen matrix. Please contact your school cook for further information.

**V** = Vegetarian

**VG** = Vegen



Our menus are not only tasty, but comply with the Government School Food Standards, meaning they are good for your children too. They will very occasionally need to change due to circumstances beyond our control, so please check with your catering team if your child has any dietary requirements.

Find out if you are eligible to receive free school meals and apply in a matter of minutes by scanning here:  
[www.northyorks.gov.uk/free-school-meals](http://www.northyorks.gov.uk/free-school-meals)



	WEEK 1	WEEK 2	WEEK 3
	Served w/c 2nd Sept, 23rd Sept, 14th Oct, 14th Nov, 2nd Dec, 6th Jan and 27th Jan	Served w/c 9th Sept, 30th Sept, 21st Oct, 18th Nov, 9th Dec, 13th Jan & 3rd Feb	Served w/c 16th Sept, 7th Oct, 4th Nov, 25th Nov, 16th Dec, 20th Jan & 10th Feb
Monday	<p>Sausage &amp; Yorkshire Pudding</p> <p><b>V</b> Cheese Whirl</p> <p><b>V</b> Cheese Jacket Potato</p> <p><b>VG</b> Diced Potatoes</p> <p><b>VG</b> Vegetable Sticks</p> <p><b>VG</b> Homebaked 50/50 Bread *****</p> <p><b>V</b> Autumn Fruit Muffin</p>	<p><b>V</b> Pizza</p> <p><b>VG</b> Mexican Veg Burrito</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Potato Wedges</p> <p><b>VG</b> Peas &amp; Sweetcorn *****</p> <p><b>V</b> Chocolate Brownie</p>	<p>Chicken Nuggets</p> <p><b>VG</b> Veggie Burger</p> <p><b>V</b> Cheese Jacket Potato</p> <p><b>VG</b> Baked Baby Potatoes</p> <p><b>VG</b> Baked Beans</p> <p><b>VG</b> Crusty Bread *****</p> <p><b>VG</b> Chocolate Biscuit Bar</p>
Tuesday	<p>Chicken Korma</p> <p><b>VG</b> Sweet &amp; Sour</p> <p>Tuna Jacket Potato</p> <p><b>VG</b> 50/50 Rice</p> <p><b>VG</b> Cauli &amp; Green Beans</p> <p><b>VG</b> Naan Bread *****</p> <p><b>V</b> Autumn Crumble Sponge &amp; Custard</p>	<p>Curried Chicken Rice</p> <p><b>V</b> Pasta Bake</p> <p>Tuna Jacket Potato</p> <p><b>VG</b> Carrots &amp; Broccoli</p> <p><b>VG</b> Crusty Bread *****</p> <p><b>V</b> Sticky Toffee Pudding &amp; Custard</p>	<p><b>V</b> Creamy Cheesy Tomato Pasta</p> <p><b>VG</b> BBQ Rice</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Medley of Vegetables</p> <p><b>V</b> Homebaked Garlic Bread *****</p> <p><b>VG</b> Iced Berry Bun</p>
Wednesday	<p><b>VG</b> Sausage Roll</p> <p><b>V</b> Vegetable Nuggets &amp; Yorkshire Pudding</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Gravy</p> <p><b>VG</b> Roast Potatoes</p> <p><b>VG</b> Carrots &amp; Broccoli</p> <p><b>VG</b> Sliced Wholemeal Bread *****</p> <p><b>V</b> Jelly &amp; Ice-cream</p>	<p>Minced Beef Pie</p> <p><b>V</b> Broccoli Cheese Bake</p> <p><b>V</b> Cheesy Bean Jacket Potato</p> <p><b>VG</b> Gravy</p> <p><b>VG</b> Mashed Potatoes</p> <p><b>VG</b> Medley of Vegetables</p> <p><b>VG</b> Homebaked 50/50 Bread *****</p> <p><b>VG</b> Flapjack</p>	<p>Roast Chicken</p> <p><b>VG</b> Veggie Sausage</p> <p>Tuna Jacket Potato</p> <p><b>VG</b> Gravy</p> <p><b>VG</b> Mashed Potato</p> <p><b>VG</b> Peas &amp; Sweetcorn</p> <p><b>VG</b> Sliced Wholemeal Bread *****</p> <p><b>VG</b> Lemon Drizzle Cookie</p>
Thursday	<p>Spaghetti Bolognese</p> <p><b>V</b> Shepherd's Pie</p> <p><b>V</b> Cheese Jacket Potato</p> <p><b>VG</b> Medley of Vegetables</p> <p><b>V</b> Homebaked Garlic Flatbread *****</p> <p><b>V</b> Cheese &amp; Biscuit</p>	<p>Pork Meatballs in a Tomato Sauce with Pasta</p> <p><b>VG</b> Sweet Potato &amp; Veg Curry &amp; 50/50 Rice</p> <p><b>V</b> Cheese Jacket Potato</p> <p><b>VG</b> Green Beans &amp; Sweetcorn</p> <p><b>V</b> Homebaked Garlic Bread *****</p> <p><b>VG</b> Jammy Shortbread</p>	<p>Nacho Beef Bake</p> <p><b>V</b> Quesadilla</p> <p><b>V</b> Cheese Jacket Potato</p> <p><b>VG</b> Vegetable Rice</p> <p><b>VG</b> Carrots &amp; Green Beans *****</p> <p><b>V</b> Chocolate Fudge Pudding with Vanilla Sauce</p>
Friday	<p><b>VG</b> Battered Fish</p> <p><b>V</b> Sweet Potato Bake</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Chips</p> <p><b>VG</b> Peas &amp; Sweetcorn</p> <p><b>VG</b> Ketchup</p> <p><b>VG</b> Homebaked 50/50 Bread *****</p> <p><b>V</b> Banoffee Mousse Pot</p>	<p>Fish Star with Chips</p> <p><b>V</b> Cheesy Bean Loaded Potato Skins</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Chips</p> <p><b>VG</b> Ketchup</p> <p><b>VG</b> Sweetcorn &amp; Peas</p> <p><b>VG</b> Crusty Bread *****</p> <p><b>V</b> Chocolate Orange Mousse Cake</p>	<p>Fish Fingers</p> <p><b>V</b> Chilli Pitta</p> <p><b>VG</b> Baked Bean Jacket Potato</p> <p><b>VG</b> Chips</p> <p><b>VG</b> Ketchup</p> <p><b>VG</b> Mixed Salad &amp; Grated Carrot</p> <p><b>V</b> Homebaked Sunflower Seed Bread *****</p> <p><b>V</b> Oat Cookie &amp; Cheese</p>

Please be aware that we are unable to guarantee a completely food allergen-free environment, as foods containing allergens are used in the kitchen. Additional items may be available at your school, i.e. jacket potatoes and sandwiches. Please speak to your school for further information.