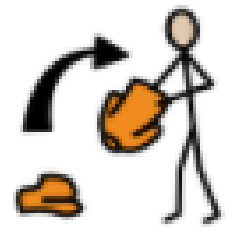


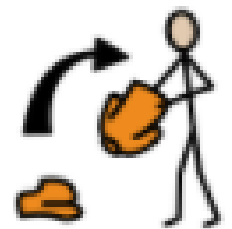
Getting dressed



Put on



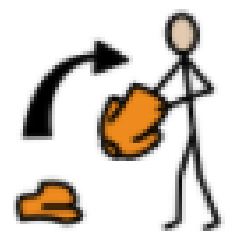
pants



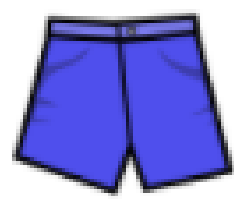
Put on



a t-shirt.



Put on



shorts,

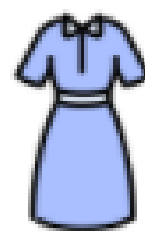


skirt,

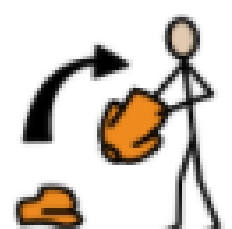


trousers

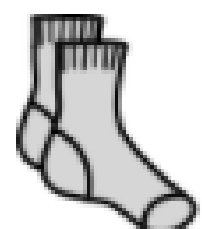
or



dress.



Put on



socks.

Consider getting clothes out the night before.

Practise fastenings before putting the clothes on.

Make it a game, competition or race against the clock